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Squash's charity mission is to climb Everest, then paraglide down

AN adventurer from Derbyshire is aiming to be the first woman to solo-pilot a paraglider off the top of Mount Everest.

In 2009, Squash Falconer was the first British woman to climb Mount Blanc and paraglide from the summit.

In March, the 29-year-old will travel to Nepal to scale Mount Everest as part of a nine-week expedition.

Once she reaches the summit, Squash said she will have a window of about two hours to paraglide to the bottom – if the weather allows her.

The former Ockbrook School pupil said: "I will love the first part because I enjoy the routine, space and freedom of being on a mountain.

"But going off the top will be absolutely fantastic. It will be frightening so I think I will feel the elation afterwards."

Squash said she will support three charities during the expedition: cancer charity Soles, the Mount Everest Foundation for Sustainable Development in Nepal and Tibet and Treetops Hospice.

To donate, visit www.squashfalconer.com.

Squash Falconer will have a two-hour window to glide off Everest.

