

Top tweets and a letter!



OE FOR ALL!

Thanks for the fab mag. Gets read from cover to cover and then passed on. Unlike competitor mags, OE covers outdoor stuff the normal person can do or aspires to do. Other mags always fall into the trap of looking at trips, events or kit that is at the top end of the price range and in the professional category of use and cost. Kit reviews in OE are a perfect example that it's a mag for us normal OEs. The last edition's review of baselayers gives a best buy for men of the cheapest option, and in ladies the Ed's Choice is 50% cheaper than the most expensive garment reviewed. The reason it's such a good mag is the fact it's a mag for the normal OE out here. Great stuff – keep it coming please. **Ian Dorling**

Thanks Ian! Always good to know we're on the right track. Ed.



@OEmagazine asked:

"What's your essential kit when the weather turns cold?"

TOP TWEET

Lightweight waterproofs in case u need them & a primaloft belay style jacket 2 throw over e/thing when u stop 4 pics/lunch etc @ **Smirnie71**

Layers... A warm base layer, one or two fleeces and a Gore-Tex Jacket? @ **Challengemunro**

Bithy bag and a sit mat for lunch stops @ **Army_Surplus**

Don't wear so much that you sweat and saturate your layers. Carry a puffy synthetic to chuck over everything when stopped.

OE Gear Editor
@PhilOutdoors

Good socks, spare gloves, a decent down jacket and eliminating gaps for wind to cut through.

@MyOutdoorsUK

FIVE-MINUTE INTERVIEW ...*Squash Falconer* RECORD-BREAKING ADVENTURER & MOUNTAINEER

Squash is the first British woman to fly from the summit of Mt Blanc on a paraglider. She climbs up mountains but rarely down them, preferring her snowboard, skis, paraglider or bum board as alternative methods.
www.squashfalconer.com.

Q: Five things you would never camp without?

Selection of knickers, toothbrush, chocolate, Rab down jacket, music.

Q: What do you owe your parents?

Everything. They encouraged, cared, supported, believed in me, gave me confidence, showed me unconditional love and continue to do so.

Q: What is your earliest memory of adventure?

Playing in the barn. I grew up on a farm. I spent hours in there, high up, building dens and escaping unharmed when I actually fell out of it.

Q: Who would play you in the story of your life?

Cameron Diaz because a body like that is not a bad way to be portrayed!

Q: Where has been the strangest place you've been naked in the last year?

In a lake – but that isn't so strange.

Q: Mountains or Sea?

Mountains.

Q: What is your greatest fear?

Chickens or any feathered creature for that matter!

Q: What motivates you?

Lots of things; that feeling of being alive, a rush of adrenaline, the thrill of a challenge, doing something funny, the thought of someone you love and a warm cup of tea when you are freezing cold in an exposed place and things are tough!

Q: What trait do you most deplore in someone?

Blaming other people and other things for everything that's wrong and choosing to focus on the negative.

Q: Whom do you most admire?

The person who is happy.

Q: What is the most fun you've had while working?

I was away working very recently in the Aosta valley in Italy on a press trip. We went yoga trekking, mountain biking, canyoning and climbing. Oh and ate delicious food and stayed in some amazing places!

Q: A moment which stays with you?

My grandmother died in my arms and in that moment I realised how precious life is and that you must make the most of being alive.

Q: A moment you wish didn't happen?

To save embarrassment of all parties involved, that's classified!

Q: What makes you smile?

People greeting people they love in the arrivals hall at the airport.

Q: Who makes you laugh?

My sister, my best friends and Peter Kay.

Q: What makes you blush?

Getting found out!

Q: When did you last cry and why?

Four days ago, I was crying with laughter! A ridiculous story about a friend who has a fear of flying and a front wheel falling off a plane.

Q: Do you enjoy being alone?

When I was on Everest and had hours

and hours (days in fact) of acclimatisation I learnt that being alone is actually ok. So yes, sometimes I enjoy it.

Q: What would you eat at your last supper and which five people would be there – dead or alive?

A sundried tomato, brie and basil pitta, or a margarita pizza, or just chocolate! I do love Indian food as well so maybe all those things... with a cup of tea. I'd like Peter Kay to be there, my best friend, Boris Johnson (after that speech he gave at the closing of the Olympics!), the Queen and Albert Einstein.

Squash is sponsored by: Rab, Salomon, Suunto, Powertraveller, Zaini, Aosta Valley, BMW, Scott & GoPro.

Interview: [Rebecca Corbally](#)

