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Life moves pretty fast here at Rab, we're constantly striving to stay one step ahead of the game. We'll simultaneously be prepping for the upcoming season whilst working on product ranges for the next year, all the while keeping one eye on our athletes latest projects, planning our events and films and attempting to get out in the fresh air as much as possible!

So for us our news hub is not only a way of sharing with you all the latest goings on here at Rab, but also a way for us to remind ourselves of just how many amazing things are happening whilst we are thinking about the future. Watch this space for all the latest updates and announcements from Rab HQ and our friends around the world.



KENDAL MOUNTAIN FESTIVAL 2016 ROUND-UP

Last weekend saw the great and the good of the outdoor world descend on Kendal, perhaps the closest thing England has to a "mountain town", for the annual Kendal Mountain Festival. The weather was keen to set the mood for the occasion...



KHANG KARPO FIRST ASCENT

On the 10th November, a team of seven made up of Rab athlete Squash Falconer, Alison Levine, Kath Stanland, Gopal Shrestha, Phurba Tenzing Sherpa, Tsering Pemba and Laika Narbu Sherpa made the first ascent of Nepal's Mt. Khang Karpo (5,704 metres).



RAB & THE AMI TAKE YOUR CLIMBING FURTHER AT KENDAL 2016

At this year's Kendal Mountain Festival we've joined up with our long-term partners, The Association of Mountaineering Instructors, to put on a series of free climbing workshops across the weekend. With so many festival attendees go...

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KHANG KARPO FIRST ASCENT


FEATURING
SQUASH FALCONER

Squash Falconer is a local breaking adventurer, mountaineer, speaker and performer. Squash achievements include surviving Everest, Mt Blanc and the Oya.

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The team set off on the 24th of the month and eventually made their ascent of the mountain 9 days later via the North ridge. The final summit push took the team over ten hours due to the difficulty of traversing a number of hanging glaciers. The summit reportedly offered excellent views of Everest, Dru Oya and Dhaulagiri as well as a host of other Himalayan peaks and will likely make it a prime target for future commercial expeditions.



The peak is located at the end of the Rippon Glacier near to the border with Tibet and had not been open to climbing until 2016. The following valley, of which Mt. Khang Karpo forms a part, is home to a number of unclimbed peaks and would make an excellent destination for other parties looking to raise their stakes on Himalayan history.

At a time when the charity GORE-TEX are launching an expedition grant specifically to encourage more female first ascents, it's great to see an expedition to the greater ranges where three of the team were women.