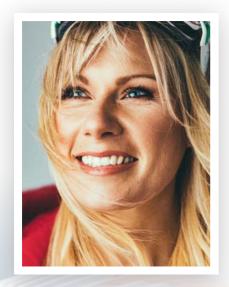
SQUASHFALCONER

1st British Woman to Paraglide from the Summit of Mont Blanc



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From summiting Mount Everest, to becoming the first British woman to fly from the summit of Mt Blanc, having ridden there from the UK on my motorbike, I share challenges faced in extreme environments and lessons learned.

Elements essential to success include; teamwork, resilience, discipline, motivation and creative thinking. Being able to adapt in rapidly changing environments where decisions must be made under high pressure and still perform at the highest level are key components.

Mirroring real day-to-day workplace challenges I will leave you and your team motivated, inspired and confident that you too can overcome anything and achieve your goals.

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